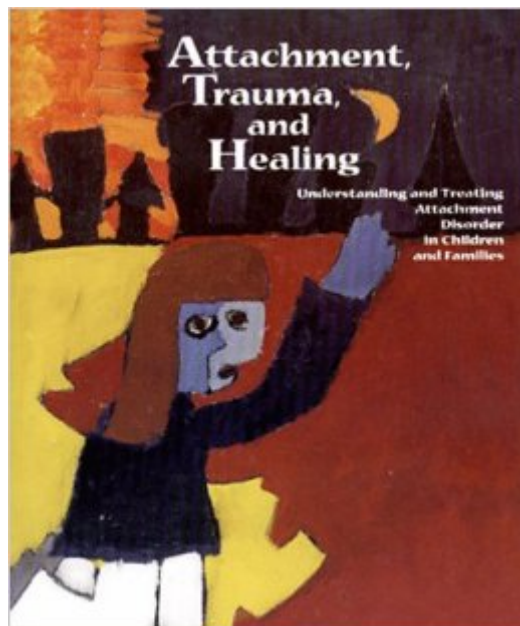


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# Attachment, Trauma, And Healing: Understanding And Treating Attachment Disorder In Children And Families



## Synopsis

Attachment is the deep and enduring connection established between a child and caregiver in the first few years of life. It profoundly influences every component of the human condition: mind, body, emotions, relationships, and values. *Attachment, Trauma, and Healing* examines the causes of attachment disorder, and provides in-depth discussion on effective solutions--including attachment-focused assessment and diagnosis, specialized training and education for caregivers, the controversial "in arms" treatment for children and caregivers, and early intervention and prevention programs for high-risk families.

## Book Information

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## Customer Reviews

The authors outright promote a highly abusive practice, i.e. Holding Therapy (which the authors have renamed the "Holding Nurturing Process"). This is physically and/or emotionally-enforced restraint with the goal of making children feel vulnerable: "This tension is discharged via physical and emotional release (sobbing, screaming, kicking)." (pp.182,134) This additionally indicates quite clearly that the authors justify such treatment of children by invoking the long-discredited notion of "catharsis." Author Michael Orlans takes credit for inventing the brutal "two-week intensive" used in Attachment Therapy in which survivors report being subjected to 3-8 hours a day of Holding Therapy. "The Holding Nurturing Process (HNP), introduced in the [second day of the 'two-week intensive'], is used throughout the remainder of the treatment. The child's oppositional and controlling behaviors typically escalate as a result of deliberate therapeutic confrontation and

structure. In contrast to other modalities, where the expression of the child's intense affect is discouraged, our goal is to encourage the release of these emotions..."(p. 183)The authors also promote highly authoritarian parenting that includes forced age-regression, an emotionally abusive practice typical of Attachment Therapy parenting: "Mother-child attachment experiences are repeated many times during treatment....The regressive experience enables the child to simulate that original mother-infant attachment. We often use baby bottles and blankets during the attachment exercises to enhance authenticity." (p.191)The authors use an unrecognized definition of Reactive Attachment Disorder, one that has a long, catch-all list of signs. (p.

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